

# September

## HARMONY LUNCH PSN

Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>lone star bbq chicken sandwich</li> <li>southwest veggie wrap (VG)                             <ul style="list-style-type: none"> <li>pinto beans</li> <li>diced carrots w/ ranch</li> </ul> </li> </ul> <p style="text-align: right;"><b>1</b></p>
<ul style="list-style-type: none"> <li>labor day</li> </ul> <p style="text-align: right;"><b>4</b></p>	<ul style="list-style-type: none"> <li>mama's tamale (VG)</li> <li>chicken salad sandwich (DF)                             <ul style="list-style-type: none"> <li>chilled green beans</li> </ul> </li> </ul> <p style="text-align: right;"><b>5</b></p>	<ul style="list-style-type: none"> <li>Papa John's Pizza</li> </ul> <p style="text-align: right;"><b>6</b></p>	<ul style="list-style-type: none"> <li>italian calzoni (VG)</li> <li>honey mustard chicken wrap                             <ul style="list-style-type: none"> <li>broccoli</li> </ul> </li> </ul> <p style="text-align: right;"><b>7</b></p>	<ul style="list-style-type: none"> <li>chicken taco trio</li> <li>taco dippers kit (VG)                             <ul style="list-style-type: none"> <li>steamed corn</li> </ul> </li> </ul> <p style="text-align: right;"><b>8</b></p>
<ul style="list-style-type: none"> <li>cheese pizza panada pie (VG)</li> <li>bbq chicken wrap                             <ul style="list-style-type: none"> <li>diced carrots</li> </ul> </li> </ul> <p style="text-align: right;"><b>11</b></p>	<ul style="list-style-type: none"> <li>cheesy ravioli (VG)</li> <li>turkey and cheddar sandwich                             <ul style="list-style-type: none"> <li>chilled green beans</li> </ul> </li> </ul> <p style="text-align: right;"><b>12</b></p>	<ul style="list-style-type: none"> <li>Papa John's Pizza</li> </ul> <p style="text-align: right;"><b>13</b></p>	<ul style="list-style-type: none"> <li>firecracker chicken with sesame noodles</li> <li>cheddar cheese sandwich (VG)                             <ul style="list-style-type: none"> <li>broccoli</li> </ul> </li> </ul> <p style="text-align: right;"><b>14</b></p>	<ul style="list-style-type: none"> <li>five cheese lasagna (VG)</li> <li>southwest veggie wrap (VG)                             <ul style="list-style-type: none"> <li>pinto beans</li> <li>diced carrots w/ ranch</li> </ul> </li> </ul> <p style="text-align: right;"><b>15</b></p>
<ul style="list-style-type: none"> <li>chicken bites (DF)</li> <li>mighty meaty deli combo sandwich                             <ul style="list-style-type: none"> <li>diced carrots</li> </ul> </li> </ul> <p style="text-align: right;"><b>18</b></p>	<ul style="list-style-type: none"> <li>mama's tamale (VG)</li> <li>chicken salad sandwich (DF)                             <ul style="list-style-type: none"> <li>chilled green beans</li> </ul> </li> </ul> <p style="text-align: right;"><b>19</b></p>	<ul style="list-style-type: none"> <li>Papa John's Pizza</li> </ul> <p style="text-align: right;"><b>20</b></p>	<ul style="list-style-type: none"> <li>breakfast for lunch: pancakes w/ omelet (VG)</li> <li>honey mustard chicken wrap                             <ul style="list-style-type: none"> <li>broccoli</li> </ul> </li> </ul> <p style="text-align: right;"><b>21</b></p>	<ul style="list-style-type: none"> <li>crispy chicken sandwich (DF)</li> <li>taco dippers kit (VG)                             <ul style="list-style-type: none"> <li>black beans</li> <li>diced carrots w/ ranch</li> </ul> </li> </ul> <p style="text-align: right;"><b>22</b></p>
<ul style="list-style-type: none"> <li>baked mac &amp; cheese and chicken bites</li> <li>bbq chicken wrap                             <ul style="list-style-type: none"> <li>diced carrots</li> </ul> </li> </ul> <p style="text-align: right;"><b>25</b></p>	<ul style="list-style-type: none"> <li>cheesy ravioli (VG)</li> <li>turkey and cheddar sandwich                             <ul style="list-style-type: none"> <li>chilled green beans</li> </ul> </li> </ul> <p style="text-align: right;"><b>26</b></p>	<ul style="list-style-type: none"> <li>Papa John's Pizza</li> </ul> <p style="text-align: right;"><b>27</b></p>	<ul style="list-style-type: none"> <li>firecracker chicken w/ sesame noodles</li> <li>cheddar cheese sandwich                             <ul style="list-style-type: none"> <li>broccoli</li> </ul> </li> </ul> <p style="text-align: right;"><b>28</b></p>	<ul style="list-style-type: none"> <li>lone star bbq chicken sandwich</li> <li>southwest veggie wrap (VG)                             <ul style="list-style-type: none"> <li>pinto beans</li> <li>diced carrots w/ ranch</li> </ul> </li> </ul> <p style="text-align: right;"><b>29</b></p>

### What's New?

Welcome back to school!

Kid tested and chef crafted NEW meals:

- \* Buffalo Chicken Pizza
- \* Uncle Ted's BBQ Chicken Drumstick with Cheesy Rice
- \* Honey Mustard Salad with Grilled Chicken Bites

Look for them on the menu in September!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

